Curriculum Guide for Advanced KAM VI: Intervention Strategies in Human Services

**Note:** A student admitted to a specialization within Human Services after 9/1/97 must use the newly revised advanced curriculum. If a student is admitted to general studies in Human Services or was enrolled before 9/1/97, they can choose to stay with the old advanced curriculum for that KAM. Students eligible to use the old KAM curriculum are strongly encouraged to use the newly revised KAM bibliographies as they are current and up to date.

**Introduction**

Human services professionals are guided by theoretical and research-based knowledge and practice experience when utilizing intervention or change strategies. Through their work on this KAM, students will explore a range of professional interventions or change strategies; investigate specific client-system problems, policies, or issues, including the relevant strategies that can be used to intervene or affect change with these; and examine the ethical issues that arise during this process.

**Overall Learning Objectives of this Knowledge Area**

This Knowledge Area Module is designed to:

- familiarize the student with intervention or change strategies and services and their corresponding theoretical and research underpinnings in human services,
- facilitate the acquisition and evaluation of in-depth knowledge concerning the relationship between client-system problems, policies, or issues, and effective intervention or change strategies in clinical social work, counseling, criminal justice, family studies and intervention strategies, social policy analysis and planning, human services administration, or in another area of specialized practice in human services selected by the student, and
- enable the student to demonstrate her/his ability apply the in-depth knowledge of one or more of the intervention or change strategies to an area of specialized professional practice.

**Breadth Component**

**Learning Objectives**

The student will:

- acquire an understanding of the historical and contemporary developments, philosophical and ethical foundations, and theoretical bases underlying intervention or change strategies utilized in clinical social work, counseling,
criminal justice, family studies and intervention strategies, social policy analysis and planning, human services administration, or in another area of specialized practice in human services selected by the student, and

- be able to critically evaluate the philosophical and ethical foundations, and the theoretical underpinnings of these intervention or change strategies.

**Demonstration**

Develop a scholarly paper of 30 pages or more which comprehensively describes and evaluates three or more different intervention or change strategies for use with specific types of client-system problems, policies, or issues. The student should include the following elements in the paper:

- Historical and contemporary developments and origins of each intervention or change strategy and its utilization with specific types of client-system problems, policies, or issues,
- Theoretical, philosophical, and ethical foundations of each intervention or change strategy and how they interrelate, and
- Research which supports and challenges the theoretical, philosophical, and ethical foundations of each intervention or change strategy and its utilization with specific types of client-system problems, policies, or issues.
- The paper should be well-researched, -organized, and -documented, free of grammatical, structural and punctuation errors, thorough, and reflect critical analysis.

**Depth Component**

**Learning Objectives**

The student will:

- acquire an in-depth understanding of one or more intervention or change strategies that are likely to be most effective with a specific type(s) of client-system problem(s), policy(ies), or issue(s) in clinical social work, counseling, criminal justice, family studies and intervention strategies, social policy analysis and planning, human services administration, or in another area of specialized practice in human services selected by the student, and
- become knowledgeable about the research associated with topic(s) selected in number one.
Demonstration

- Develop an Annotated Bibliography of at least 15 sources (consisting primarily of recent journal articles) which describes and critiques research related to one or more intervention or change strategies that are likely to be most effective with a specific type(s) of client-system problem(s), policy(ies), or issue(s). Do not rely on articles which are devoted to reviews of the literature.
- Using the sources cited in the Annotated Bibliography, write a scholarly paper of 30 pages or more on the topic(s) selected in number one. The paper should be well-researched, -organized, and -documented, free of grammatical, structural and punctuation errors, thorough, and reflect critical analysis.

Application Component

Learning Objectives

The student will:

- be able to integrate and apply knowledge gained in the Breadth and Depth components to enhance her/his understanding of selected intervention or change strategies for effective use with specific client-system problems, policies, or issues relevant to professional practice in clinical social work, counseling, criminal justice, family studies and intervention strategies, social policy analysis and planning, human services administration, or in another area of specialized practice in human services selected by the student, and
- become aware of her/his strengths and limitations with respect to the application of theoretical and research-based knowledge to an area of specialized professional practice.

Demonstration

The student will select one of the two options below:

- Develop a product which demonstrates the ability to apply selected interventions or change strategies to an area of specialized professional practice. Examples might include, but are not limited to, an audio- or videotape of a counseling or psychotherapy session, the creation of a training manual, grant application, program development prospectus, or course syllabus. Attach a comprehensive critique of the product that evaluates the application of knowledge drawn from the Breadth and Depth components of this KAM. The product and critique should be 30 or more pages in length, well-organized and -documented, free of grammatical,
structural and punctuation errors, thorough, and reflect critical analysis. (Students who plan to audio- or videotape a counseling or psychotherapy session must obtain prior written permission from the client, and when appropriate, the agency. A copy of the written permission must be appended to the Application component of the KAM demonstration.)

- Write a scholarly paper of 30 pages or more describing a client-system problem, policy, or issue that presents a distinct ethical dilemma. Clearly describe the nature of the ethical issues involved, and apply a systematic decision- making model in resolving the dilemma. [Students in the counseling and social work specializations must make use of the American Counseling Association (ACA) and the National Association of Social Workers (NASW) Code of Ethics, respectively, in resolving the dilemma.] Be sure to clearly articulate all sides of the issue, provide a rationale for your position, and consult the literature. Counseling or psychotherapy scenarios may be either real or hypothetical. The paper should be well-researched, -organized, and -documented, free of grammatical, structural and punctuation errors, thorough, and reflect critical analysis.

### Specialization Area Reading Lists

#### General or Individualized Studies in Human Services

Students who wish to take an interdisciplinary or highly-specialized approach to advanced study in Human Services must work closely with their faculty mentor to review and utilize the readings below in ways which will meet the specific learning goals outlined in their plan of study.

#### Clinical Social Work Specialization

**On the Nature of Clinical Social Work Practice and Ethics in Practice**


Epstein, I. (1996). In quest of a research-based model for clinical practice: Or, why can't a social worker be more like a researcher? Social Work Research, 20, 97-100.


Psychoanalytic Psychotherapy


Cognitive-Behavioral Psychotherapies


Human Services Administration Specialization


**Counseling Specialization**

**Counseling Interventions**


Ethics in Counseling Practice


**Family Studies and Intervention Strategies Specialization**


**Criminal Justice Specialization**

**Law Enforcement**


**Corrections**


Schwartz, M. D., & Travis, L. F. (Eds.). Corrections: An issues approach (4th ed.).
Cincinnati, OH: Anderson Publishing Co.


**Social Policy Analysis and Planning Specialization**

On Poverty, its Interventions, and the Welfare State


