# Pre-Field Experience Clinical Work Samples

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Clinical Work Samples

**Purpose:** Re-evaluation of skill readiness for students who have not participated in a practice experience within the program of study for 2 years or longer.

The School of Counseling evaluates students’ skills regularly. If your skills have not been evaluated by Walden faculty in a professional practice experience (residency/pre-practicum, field experience course) for more than 2 years, then you will be required to submit a clinical work sample. The clinical work sample allows Walden faculty to evaluate your clinical skills to ensure that you are prepared for a successful field experience.

**Deadline:** Clinical Work Samples are due at the same time as the field experience application.

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<th>Field Experience Start</th>
<th>Clinical Work Sample Deadline</th>
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<tr>
<td>Spring Quarter</td>
<td>December 15</td>
</tr>
<tr>
<td>Summer Quarter</td>
<td>March 15</td>
</tr>
<tr>
<td>Fall Quarter</td>
<td>June 15</td>
</tr>
<tr>
<td>Winter Quarter</td>
<td>September 15</td>
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**Submission Process:**

1) **Record** an original skills demonstration/mock session on video.
2) **Transcribe** the video, indicating the point at which each of the 10 skills on the *Clinical Work Sample Rubric* can be found.
3) **Complete** a case note (DAP note) for the session.
4) **Upload** the video to OneDrive.
5) **Submit** your Clinical Work Sample, including the video and related artifacts, to the School of Counseling Office of Field Experience (SOC-OFE):
   a) Original video of a mock session that shows both you and your adult mock-client(s) in the video frame
   b) Video Transcript
   c) DAP Note
   d) *Informed Consent and Client Feedback form* – signed/completed by the participant
6) **Receive evaluation** of clinical skills

There are a variety of resources available on our website to help you refresh your skills in preparation for completing your clinical work sample and field experience. Go to [https://academicguides.waldenu.edu/fieldexperience/soc/masters/programresources/evaluation/cws](https://academicguides.waldenu.edu/fieldexperience/soc/masters/programresources/evaluation/cws) and scroll down to Clinical Work Sample Resources.
Record Your Video

You will record a mock counseling session with a mock client to demonstrate your counseling skills.

Video Requirements:

1) The video must be 20-30 minutes in length.
2) Please present a fictitious scenario. Rehearsed or scripted mock sessions are prohibited.
3) The video must incorporate each of the skills found on the Clinical Work Sample Rubric.
4) The role of the client must be portrayed by an adult participant.
   a) If you wish to demonstrate your ability to work with children (anyone under age 18) you must use an adult (over age 18) participant who is portraying a client under the age of 18.
   b) The volunteer must sign the Informed Consent and Client Feedback form.
5) The following must be explicitly stated on the video:
   a) The date on which the video was recorded
   b) That the video is designed to fulfill the requirements of clinical work sample.
6) Both you and your client(s) must be in the frame (video screen shot) of the video.

Your video will not be reviewed if these requirements are not met.

HELPFUL HINTS FOR UPLOADING VIDEOS:

1. Do not record your video in high definition (HD) as this typically results in your video file being too large to upload.
2. Make sure that your internet connection is reliable.
3. For larger videos, you may want to break them up into multiple parts to increase the upload speed.

Transcribe Your Video

A transcript is a written account of everything that took place in the video.

How to Create Transcript:

1) Review your clinical work sample video.
2) Transcribe word-for-word everything that happened in the video, including pauses.
3) In your transcript, indicate the point at which each of the 10 skills on the Clinical Work Sample Rubric can be found.
This allows you to be a part of the grading team.

Remember, if YOU don’t see a skill demonstrated in the video, we will not be able to see it.

Create Your DAP Note

Following your session, you will create a DAP note for the session for submission in your Clinical Work Sample.

Data

Subjective and objective data about the client, subjective - what client can say or feel, Objective - observable, behavioral by therapist, progress on presenting problem, review of HW, Description of both the content and process of the session.

Assessment (or, Analysis)

How does the counselor conceptualize the session? What is the counselor’s professional opinion of the session based on observation and interpretation? What's going on? Working hypotheses, gut hunches, "Depression appears improved this week”, ”more resistant ... less involved... ”

Plan

What is the Plan? Where does treatment go from here?

Upload Your Video to OneDrive

Your Clinical Work Sample must be uploaded to OneDrive.

1) Log into OneDrive

a. Go to your student portal and click the Outlook link to access your email. Log in using your Walden credentials. Then, in the upper left-hand corner, select OneDrive from the blue box.

OR

b. Go to https://onedrive.live.com/about/en-us/ and click “Sign in” in the upper right-hand corner. Enter your Walden email address, and then select “OneDrive for Business.” Then enter your Walden password.
2) Add your Video to OneDrive
   a. To add items to OneDrive, either drag and drop them into the files area or click the “Upload” button, choose files and select your video.
      Note: OneDrive will not upload videos with file names that contain symbols.
3) Share your Video
   a. Click on the row that contains your video. This will cause a blue checkmark to appear next to it.
   b. Choose “Copy Link” to obtain a link to share with SOC-OFE so your video can be reviewed.
   c. Make sure that anyone with the link can view or edit the video
Submit Your Clinical Work Sample

You will submit your Clinical Work Sample to the SOC-OFE via the Clinical Work Sample Submission online form. Email submissions will not be accepted.

1) Open the Clinical Work Sample Submission Form (https://academicguides.waldenu.edu/fieldexperience/soc/masters/programresources/evaluation/cws).

2) Enter the requested information into the form and upload your DAP note, Transcript and Informed Consent /Client Feedback form. Please be sure to enter the link to the video you uploaded to OneDrive so the reviewer can access it.

Receive Evaluation of Clinical Skills

The SOC-OFE will evaluate your clinical work sample to evaluate whether the work demonstrates the clinical skills needed for field experience readiness. Typically, results are available to students about 2 weeks after complete submission. You will be notified of results via email and your detailed evaluation will be available in Meditrek (http://edu.meditrek.com). If your work sample is not received by the deadline, then it is unlikely that it can be reviewed in time for the start of the next term.

d. Click “copy.” This will copy the link and you can input this link into the Clinical Work Sample Submission Form.
If it is determined that your work does not demonstrate the clinical skills necessary for field experience readiness, you will be referred to the School of Counseling's Skill Committee for additional support, skills coaching, and assessment. This process typically takes 3-5 sessions, at the end of which you will be assessed for readiness to enter field experience. If you are not deemed ready to begin field experience at the conclusion of this process, more intensive skills intervention will be necessary, and the field experience will be delayed at least one academic quarter.

**Clinical Work Sample Rubric**

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<th>Score</th>
<th>Description</th>
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<tr>
<td>0 - Unsatisfactory</td>
<td>Demonstrates <strong>no evidence</strong> of integration of knowledge and application of skill.</td>
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<tr>
<td>1 - Emerging</td>
<td>Demonstrates <strong>limited and inconsistent</strong> integration of knowledge and application of skill; may require significant redirection.</td>
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<tr>
<td>2 - Progressing</td>
<td>Demonstrates <strong>somewhat inconsistent and/or slightly limited</strong> skill performance; however, integration of knowledge and application of skill is <strong>achieved the majority of the time</strong>.</td>
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<tr>
<td>3 - Proficient</td>
<td>Demonstrates <strong>consistent and proficient</strong> integration of knowledge and application of skill.</td>
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<tr>
<td>4 - Exemplary</td>
<td>Demonstrates <strong>consistent and strong</strong> (i.e., exceeding the expectations of a beginning counselor educator) integration of knowledge and application of skill.</td>
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<tr>
<td>N/A – Not Applicable</td>
<td>Not applicable.</td>
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*Note: Students must receive scores of 2 or above on all items to be eligible for field experience.*

**Criteria**

**Within this student’s role as a counselor she or he:**

1. Demonstrates ability to open and close a session.
2. Demonstrates ability to reflect feeling of the client(s).
3. Uses appropriate interpersonal skills such as active listening, clarifying questions, paraphrasing and summarizing.
4. Uses effective nonverbal communication skills and minimal encouragers such as voice tone, and silence, “Hmm” and “tell me more.”
5. Demonstrates the appropriate use of open and close-ended questions.
7. Is “present” and open to client (includes immediacy and concreteness).
8. Demonstrates the ability to identify measurable treatment goals.
9. Demonstrates the ability to explore relevant topics that may be uncomfortable (e.g. race, sexuality, financial concerns, physical health, personal views).
10. Demonstrates an ability to use advanced skills such as logical consequences, confrontation, challenge and self-disclosure.
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<td>11. Demonstrates the skill to complete a clinical treatment note and maintains accurate and current clinical records according to legal standards, ethical standards, and agency (site) procedures.</td>
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<td>12. Adapts intervention strategies and techniques to address the contextual and cultural needs of clients, while working with individuals.</td>
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