

Clinical Skills and Procedures List Psychiatric Mental Health Nursing Practitioner (PMHNP) PMHNP Program

Students are expected to achieve competency with the clinical skills list during the 4 practicum courses of their program.

Clinical Skills for Students to Achieve
Comprehensive psychiatric evaluation skills in:
<ul style="list-style-type: none"> • Recognizing clinical signs and symptoms of psychiatric illness
<ul style="list-style-type: none"> • Differentiating between pathophysiological and psychopathological conditions
<ul style="list-style-type: none"> • Performing and interpreting a comprehensive and/or interval history and physical examination (including laboratory and diagnostic studies)
<ul style="list-style-type: none"> • Performing and interpreting a mental status examination
<ul style="list-style-type: none"> • Performing and interpreting a psychosocial assessment and family psychiatric history
<ul style="list-style-type: none"> • Performing and interpreting a functional assessment (activities of daily living, occupational, social, leisure, educational).
Diagnostic reasoning skill in:
<ul style="list-style-type: none"> • Demonstrate knowledge of psychopathology of mental illnesses through discussion for different age groups and mental illnesses
<ul style="list-style-type: none"> • Developing and prioritizing a differential diagnoses list
<ul style="list-style-type: none"> • Formulating diagnoses according to DSM 5 based on assessment data
<ul style="list-style-type: none"> • Differentiating between normal/abnormal age-related physiological and psychological symptoms/changes
Pharmacotherapeutic skills in:
<ul style="list-style-type: none"> • Selecting appropriate evidence based clinical practice guidelines for medication plan (e.g., risk/benefit, patient preference, developmental considerations, financial, the process of informed consent, symptom management)
<ul style="list-style-type: none"> • Evaluating patient response and modify plan as necessary
<ul style="list-style-type: none"> • Documenting (e.g., adverse reaction, the patient response, changes to the plan of care)
Psychotherapeutic Treatment Planning:
<ul style="list-style-type: none"> • Recognizes concepts of therapeutic modalities across the lifespan
<ul style="list-style-type: none"> • Selecting appropriate evidence based clinical practice guidelines for psychotherapeutic plan (e.g., risk/benefit, patient preference, developmental considerations, financial, the process of informed consent, symptom management, modality appropriate for situation)
<ul style="list-style-type: none"> • Applies age appropriate psychotherapeutic counseling techniques with individuals, families, and groups
<ul style="list-style-type: none"> • Develop an age appropriate individualized plan of care
<ul style="list-style-type: none"> • Provide psychoeducation to individuals and groups

- Promote health and disease prevention techniques

Self Assessment skill:

- Develop SMART goals for practicum experiences
- Evaluating outcomes of practicum goals and modify plan as necessary
- Documenting and reflecting on learning experiences

Professional skills:

- Maintains professional boundaries and therapeutic relationship with clients and staff.
- Collaborate with multi-disciplinary teams to improve clinical practice in mental health settings
- Identifies ethical and legal dilemmas with possible resolutions
- Demonstrates non-judgmental practice approach and empathy
- Practices within scope of practice

Selecting and implementing appropriate screening instrument(s), interpreting results, and making recommendations and referrals

- Demonstrates selecting the correct screening instrument appropriate for the clinical situation
- Implements the screening instrument efficiently and effectively with the clients
- Interprets results for screening instruments accurately
- Develops an appropriate plan of care based upon screening instruments response

