



Clinical Skills and Procedures List Family Nursing Practitioner (FNP) FNP Program

Students are expected to achieve competency with the clinical skills list during the 4 practicum courses of their program.

SKILL/PROCEDURE	REVIEW RESOURCE
HEENT	
Ophthalmic Examination	Bedside Ophthalmic Examination
Otoscope Examination	Basic otoscope techniques Otoscope Findings
Pulmonary	
Inhalation Therapy	Inhalers (Asthma Treatment & COPD Treatment) Explained
Chest X-ray Interpretation	Chest X-ray Interpretation Chest X-ray Interpretation Explained Clearly
Peak flow meter	Peak Expiratory Flow Meter (PEFR) Measurements Peak Flow Meter Using a Peak Flow Meter to Manage Asthma
Pulmonary Function Interpretation	Pfenninger and Fowler's Procedures for Primary Care (4th ed.) Ch. 81
Asthma and allergy action care plan	ACT for Asthma and Allergy Help with Your Allergies and Asthma
Cardiac	
EKG Performance and Interpretation	Pfenninger and Fowler's Procedures for Primary Care (4th ed.) Ch. 70 12 Lead EKG Interpretation
Dermatological	
Wound Care	Pfenninger and Fowler's Procedures for Primary Care (4th ed.) Ch. 33 Pressure Ulcer Staging
PPD Reading	Tuberculin skin testing

KOH skin slide for fungus	Pfenninger and Fowler's Procedures for Primary Care (4th ed.) Ch. 17 Performing In-Office KOH Prep Tests KOH Scraping
Gastrointestinal	
Digital Rectal Exam	Pfenninger and Fowler's Procedures for Primary Care (4th ed.) Ch. 82
Fecal Occult Blood Testing	Fecal Occult Blood Testing
Hematological	
Interpret H/H	Lab results, values, and interpretation
Neurological	
Mini Mental Status Exam	Performing MMSE MMSE
Musculoskeletal	
Gait and Balance Assessment	Gait and Balance Assessments
Gynecology and Obstetrics	
Breast Examination	Breast Examination Breast Self-Examination
Obtaining vaginal culture	How to collect a vaginal swab
HARK screening	Intimate partner violence screening Routine Screening
Contraceptive Planning	Pfenninger and Fowler's Procedures for Primary Care (4th ed.) Chs. 115–116 Birth Control Method Comparison Chart Birth Control Choices
Herpes Culture	Understanding Herpes Testing
Pap Smear	Pfenninger and Fowler's Procedures for Primary Care (4th ed.) Ch. 120 Schuiling, K. D., & Likis, F. E. (2017). <i>Women's gynecologic health</i> (3rd ed.). Jones and Bartlett Publishers. Appendix 6-A: Cervical Cytology Screening (pp. 128-129) Pap Test
STI Testing	Testing for Gonorrhea and Chlamydia https://youtu.be/6VM50u7XrrA Testing for Candida, bacterial vaginosis, trichomoniasis https://youtu.be/StsaYBr2-Ac
Auscultation Fetal Heart Tones	Fetal Heart Sounds Using Doppler Fetal Heart Rate Assessment

Fundal Height Assessment	Measuring Fundal Height Pregnant Abdomen Examination
EPPDS Screening	Edinburgh Postnatal Depression Scale (EPDS)
Pelvic Exam	Vaginal Examination Schuiling, K. D., & Likis, F. E. (2017). <i>Women's gynecologic health</i> (3rd ed.). Jones and Bartlett Publishers. Chapter 6: Gynecologic History and Physical Examination (pp. 109–125)
Men's Health	
Testicular Exam	How to Do a Testicular Self-Exam Testicular Exam
Prostate Exam/DRE	Pfenninger and Fowler's Procedures for Primary Care (4th ed.) Ch. 82 Prostate Screening
Urological	
Urodynamic Study	Understanding Urodynamics
Assessment and Health Promotion	
Aerosol/Inhalation Administration	Administration of Inhaled Medications
Interpret Laboratory/Diagnostic Testing	Lab Results, Values, and Interpretation (CBC, BMP, CMP, LFT) Lab Result Interpretation: Key Liver Diseases LFT's Explained Urinalysis Interpretation Explained CBC Interpretation (Leukocytosis)
Informed Consent	Pfenninger and Fowler's Procedures for Primary Care (4th ed.) Appendix B
Radiology Reports: Interpret Chest Xray, Constipation	Chest Xray Interpretation (Video) Chest Xray Interpretation Video #2 Radiology Interpretation: The Radiology Assistant Video: Constipation, a Common finding and Interpretation of Xray
Normal Growth and Development evaluation	

PROCEDURE	RESOURCE
HEENT	
Cerumen Impaction Removal (irrigation)	Pfenninger and Fowler's Procedures for Primary Care (4th ed.) Ch. 62
Cerumen Impaction Removal (curette)	Cerumen Impaction/Removal Patient Information/Procedure Description/Treatment Options How to Remove Earwax
Fluorescein Staining	Pfenninger and Fowler's Procedures for Primary Care (4th ed.) Ch. 200
Corneal Foreign Body Removal	Corneal Abrasion info
Wood's Light Examination	Video of Fluorescein Staining
Management of Epistaxis (Packing and Removal)	Pfenninger and Fowler's Procedures for Primary Care (4th ed.) Ch. 205 Epistaxis: Nasal Packing Epistaxis Cause and Management
Remove Foreign Body (ear, eye, nose, soft tissue, other)	Pfenninger and Fowler's Procedures for Primary Care (4th ed.) Ch. 191 Ear Foreign Body Nose Foreign Body
Cardiopulmonary	
Peak flow meter Measurement and Interpretation	Peak Expiratory Flow Meter (PEFR) Measurements Peak Flow Meter Using a Peak Flow Meter to Manage Asthma
Pulmonary Function Test Performance and Interpretation	Pfenninger and Fowler's Procedures for Primary Care (4th ed.) Ch. 81
Dermatological	
Burn Treatment/dressing	Pfenninger and Fowler's Procedures for Primary Care (4th ed.) Ch. 189 Initial Burn Management
Cryotherapy	Pfenninger and Fowler's Procedures for Primary Care (4th ed.) Ch. 14
Shave Biopsy	Pfenninger and Fowler's Procedures for Primary Care (4th ed.) Chs. 13 and 26
Punch Biopsy	Punch Biopsy of the Skin Video of Performing Punch Biopsy

Suturing Simple Interrupted Sutures and Suture Removal	Pfenninger and Fowler's Procedures for Primary Care (4th ed.) Chs. 18–22
Staple Placement	Pfenninger and Fowler's Procedures for Primary Care (4th ed.) Ch. 196
Skin Adhesive Placement	Pfenninger and Fowler's Procedures for Primary Care (4th ed.) Ch. 198
Toenail Avulsion	Pfenninger and Fowler's Procedures for Primary Care (4th ed.) Ch. 23 Nail Bed Closure Nail Bed Repair
Incision and Drainage	Pfenninger and Fowler's Procedures for Primary Care (4th ed.) Chs. 31 and 192 Abscess Incision & Drainage & D Procedure Information Incision and Drainage of Cutaneous Abscesses
Subungual Hematoma Evacuation	Pfenninger and Fowler's Procedures for Primary Care (4th ed.) Chs. 193 and 194 Nail Removal
Skin Tag Removal	Skin Tag Removal 1 Skin Tag Removal 2
Wart destruction/removal	Pfenninger and Fowler's Procedures for Primary Care (4th ed.) Ch. 30 Wart Removal
Wound Care Wound Debridement	Pfenninger and Fowler's Procedures for Primary Care (4th ed.) Ch. 33 Pressure Ulcer Staging Wound Debridement How to suture
Steri Strip Application	How to Remove Sutures and Apply Steri Strips
Tick Removal	Pfenninger and Fowler's Procedures for Primary Care (4th ed.) Ch. 197
KOH skin slide for fungus	Pfenninger and Fowler's Procedures for Primary Care (4th ed.) Ch. 17 Performing In-Office KOH Prep Tests KOH Scraping

Gastrointestinal	
Hemorrhoid, excision of thrombus	Pfenninger and Fowler's Procedures for Primary Care (4th ed.) Ch. 87
Neurological	
Local/Field Block for Anesthesia	Pfenninger and Fowler's Procedures for Primary Care (4th ed.) Chs. 2, 7 Local Anesthetics
Digital Block for Anesthesia	Pfenninger and Fowler's Procedures for Primary Care (4th ed.) Chs. 2, 5 Digital nerve block
Musculoskeletal	
Trigger Point Injection	Pfenninger and Fowler's Procedures for Primary Care (4th ed.) Ch. 181
Joint Injection	Pfenninger and Fowler's Procedures for Primary Care (4th ed.) Ch. 180
Splinting	Pfenninger and Fowler's Procedures for Primary Care (4th ed.) Chs. 175–176 Leg Splinting
Gynecology and Obstetrics	
Basic microscopy (yeast, BV)	Examination of Vaginal Wet Preps How to Prepare a Wet Mount Vaginal Wet Mount Interpretation
Contraceptive Placement (Long term)	Pfenninger and Fowler's Procedures for Primary Care (4th ed.) Chs. 115–116 Birth Control Method Comparison Chart Birth Control Choices
IUD Placement and Removal	Pfenninger and Fowler's Procedures for Primary Care (4th ed.) Ch. 135 IUD Removal IUD Removal

Procedures are skills that may be available for students but are not required. Completion of procedures should be documented in the table below.

